(Date)

(Revised 1/3/11)

Employee Post-Travel Disclosure of Travel Expenses SECRET	RECEIVED Stamp: ARY OF THE SENATE BLIC RECORDS
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Post-Travel Filing Intravel. Submit all form	istructions: Complete is to the Office of Pub	this form within 30 da olic Records in 232 Har	ys of returning flow t Building.	3JUN 27 PM 5: 34
In compliance with Rube reimbursed/paid for		•	sures with respect t	o travel expenses that have been or wi
☐ The <u>original</u> Emplo	ate Sponsor Travel Ce	rization (Form RE-1), A	attachments (itinera	ary, invitee list, etc.)
Private Sponsor(s) (list	t all):R	Street Ins.	trute	
Travel date(s):	May	28 - Ju	2,2°) (8
Name of accompanyin Relationship to Travel	<u></u>		•	
	COSTS IN EMPLOYEE	EASE DUE TO THE ACC EXPENSES. (Attach addit		USE OR DEPENDENT CHILD, ONLY ary.)
	Transportation Expenses	Lodging Expenses	Meal Expenses	Other Expenses (Amount & Description)
☐ Good Faith Estimate ☐ Actual Amount	1,387.76	1,023.50	323.24	144.29 (Fee for use of hotel conference rooms)
Expenses for Accomp	panying Spouse or De	pendent Child (if applie	able):	
	Transportation Expenses	Lodging Expenses	Meal Expenses	Other Expenses (Amount & Description)
☐ Good Faith Estimate	N/A	N/A	N/A	N/A
☐ Actual Amount				
necessary).	of all meetings and ev	ents attended. See Senat	e Rule 35.2(c)(6). ((Attach additional pages if
6/27/18	5Aud	Luca Frist	ed+	0
(Date)	(Printed r	name of traveler)		(Signature of traveler)
TO BE COMPLETE	D BY SUPERVISING	MEMBER/OFFICER:		
I have made a determing Authorization form, are	nation that the expense necessary transporta	es set out above in connection, lodging, and related	d expenses as define	
6/27/	10		tatt	Mune

(Signature of Supervising Senator/Officer)

Event and Meeting Description

Tuesday, May 29

1. Introductory meeting and presentations in hotel conference room

R Street's Dr. Carrie Wade gave introductory presentations on the nature of addiction and basic principles of harm reduction, and the group talked about housekeeping matters and the week's activities.

2. Meeting with NHS England Addictions Clinical Academic Group, Lambeth Drug and Alcohol Treatment Consortium, Lorraine Hewitt House

The delegation met with several practitioners and clinical experts at a drug and alcohol treatment service in Brixton (Dr. Emily Finch, Clinical Director of Addictions Clinical Academic Group; Dr. Michael Kelleher, Addictions Specialist and Clinical Lead for Lambeth Addictions; and Dr. Luke Mitcheson, Head of Psychology for Addictions Clinical Academic Group.). The practitioners gave presentations on the nature of Britain's drug problem and the role of harm reduction in treatment. They also discussed the Lambeth injectable heroin clinical trial and best clinical practices in addiction. The delegation toured the onsite harm reduction clinic.

3. Dinner at the Grenedier

The delegation ate dinner at a British pub and had time to network with one another and discuss the day's educational material.

Wednesday, May 30

1. Meetings with Harm Reduction International

The delegation heard from several experts at Harm Reduction International, the leading non-governmental organization working to promote harm reduction. Head of advocacy for HRI Fionnuala Murphy gave a presentation on the "10 by 20" campaign, an initiative to have governments redirect 10% of the resources currently spent on ineffective punitive responses to drugs and invest it in harm reduction by 2020. The delegation also discussed the promise and potential limitations of harm reduction in a global context.

2. Meetings with DrugScience

The delegation met with David Nutt, founder of DrugScience and several of his colleagues. DrugScience is an independent, science-led nonprofit on drugs research, which brings together leading drugs experts to carry out original research into drug harms and effects. Discussions focused on scientific analysis surrounding relative risks of various drugs, appropriate regulation of drugs, drug testing and the need for more scientific research on drugs.

3. Reception at the House of Lords

The delegation attended a reception which featured informal presentations from Steve Rolles, Founder of Transform Drug Policy Foundation; Carrie Wade, R Street; and David Badcock, CEO DrugScience. Presenters discussed their organization's priorities and activities in the harm reduction space.

Thursday, May 31

- 1. Meeting with Peter Hajek, Wolfson Institute of Preventive Medicine

 Peter Hajek is Director of Tobacco Dependence Research Unit at the Wolfson

 Institute of Preventive Medicine. His presentation focused on the science

 surrounding the relative risk of various nicotine products.
- 2. Meeting with Sarah Jakes and Gerry Stimson, New Nicotine Alliance UK

 New Nicotine Alliance is a UK-based non-profit group that promotes and
 supports tobacco harm reduction. Presentations focused on the history of ecigarettes and tobacco harm reduction as well as the consumer perspective for
 tobacco harm reduction and role of flavors.
- 3. Meeting with Christopher Russell, Centre for Substance Use Research

 CSUR is a research agency studying substance use and abuse using qualitative

 and quantitative methods. Dr. Russell discussed research on e-cigarette use

 patterns in both the UK and US.

Friday, June 1

1. Meetings with City of London officials at Guildhall

The delegation met with several civil servants who focused primarily on the criminal justice angle of harm reduction. They heard from Commander Simon Bray who handles drug issues for the Metropolitan Police Service; Adam Winstock, who runs the Global Drug Survey and provides drug treatment to prison populations), and David Mackintosh, the Director and Policy Adviser for the London Drug and Alcohol Policy Forum. The meetings were followed by a reception in Guildhall.

EMPLOYEE PRE-TRAVEL AUTHORIZATION

Pre-Travel Filing Instructions: Complete and submit this form at least 30 days

prior to the travel departure date to the Select Committee on Ethics in SH-220.

Date/Time Stamp:

ETHIC APR25'18pm 3:35

Incomplete and late travel submissions will not form <u>must</u> be typed and is available as a fillable at ethics.senate.gov. Retain a copy of your en required post-travel disclosure.	le PDF on the Committee's website
Name of Traveler:	Andi Lipstein Fristedt
Employing Office/Committee:	HELP Committee
Private Sponsor(s) (list all): R Street Institut	:e
Travel date(s): May 28-June 2, 2018 Note: If you plan to extend the trip for	any reason you must notify the Committee.
Destination(s): London, UK	
	to the traveler's official or representational duties:
I manage the public health portfolio for the Senate substance abuse prevention, and associated harrand related policy and regulatory questions.	e HELP Committee, which includes policy work related to tobacco regulation, m reduction policies. This trip will provide an opportunity to delve into these issues
I certify that the information contained in this f $4 \int_{26}^{26} 8$	hild form is true, complete and correct to the best of my knowledge: (Signature of Employee)
(Date) TO BE COMPLETED BY SUPERVISING SENAT Secretary for the Majority, Secretary for the Minority, Senator Patty Murray	ΓΟR/OFFICER (President of the Senate, Secretary of the Senate, Sergeant at Arms, ty, and Chaplain): Andi Linstein Fristedt
(Print Senator's/Officer's Name)	hereby authorize (Print Traveler's Name)
an employee under my direct supervision, to acrelated expenses for travel to the event describe	ecept payment or reimbursement for necessary transportation, lodging, and ed above. I have determined that this travel is in connection with his or her and will not create the appearance that he or she is using public office for
I have also determined that the attendance of the of the Senate. (signify "yes" by checking box)	ne employee's spouse or child is appropriate to assist in the representation
4/25/18	Patty Murray
(Date) (Revised 10/19/15)	(Signature of Supervising Senator Officer) Form RE-1

PRIVATE SPONSOR TRAVEL CERTIFICATION FORM

This form must be completed by any private entity offering to provide travel or reimbursement for travel to Senate Members, officers, or employees (Senate Rule 35, clause 2). Each sponsor of a fact-finding trip must sign the completed form. The trip sponsor(s) must provide a copy of the completed form to each invited Senate traveler, who will then forward it to the Ethics Committee with any other required materials. The trip sponsor(s) should NOT submit the form directly to the Ethics Committee. Please consult the accompanying instructions for more detailed definitions and other key information.

The Senate Member, officer, or employee MUST also provide a copy of this form, along with the appropriate travel authorization and reimbursement form, to the Office of Public Records (OPR), Room 232 of the Hart Building, within thirty (30) days after the travel is completed.

1.	Sponsor(s) of the trip (please list all sponsors):
2.	Description of the trip: Educational visit for congressional staffers to learn about harm reduction
3.	Dates of travel: Monday, May 28- Saturday, June 2, 2018
4.	Place of travel: London, United Kingdom
5.	Name and title of Senate invitees: See attached page
6.	I certify that the trip fits one of the following categories: (A) The sponsor(s) are not registered lobbyists or agents of a foreign principal and do not retain or employ registered lobbyists or agents of a foreign principal and no lobbyist or agents of a foreign principal will accompany the Member, officer, or employee at any point throughout the trip.
	(B) The sponsor or sponsors are not registered lobbyists or agents of a foreign principal, but retain or employ one or more registered lobbyists or agents of a foreign principal and the trip meets the requirements of Senate Rule 35.2(a)(2)(A)(i) or (ii) (see question 9).
7.	I certify that the trip will not be financed in any part by a registered lobbyist or agent of a foreign principal. -AND-
	1 certify that the sponsor or sponsors will not accept funds or in-kind contributions earmarked directly or indirectly for the purpose of financing this specific trip from a registered lobbyist or agent of a foreign principal or from a private entity that retains or employs one or more registered lobbyists or agents of a foreign principal.
8.	I certify that: The trip will not in any part be planned, organized, requested, or arranged by a registered lobbyist or agent of a foreign principal except for de minimis lobbyist involvement. - AND -
	The traveler will not be accompanied on the trip by a registered lobbyist or agent of a foreign principal except as provided for by Committee regulations relating to lobbyist accompaniment (see question 9).

foreign principal, one of the following scenarios applies: (A) The trip is for attendance or participation in a one-day event (exclusive of travel time and on overnight stay) and no registered lobbyists or agents of a foreign principal will accompany the Moofficer, or employee on any segment of the trip. OR. (B) The trip is for attendance or participation in a one-day event (exclusive of travel time and two overnight stays) and no registered lobbyists or agents of a foreign principal will accompany the Member, officer, or employee on any segment of the trip (see questions 6 and 10). OR. (C) The trip is being sponsored only by an organization or organizations designated under § 501(of the Internal Revenue Code of 1986 and no registered lobbyists or agents of a foreign principal accompany the Member, officer, or employee at any point throughout the trip. USE ONLY IF YOU CHECKED QUESTION 9(B) If the trip includes two overnight stays, please explain why the second night is practically required for Senate invitees to participate in the travel: N/A An itinerary for the trip is attached to this form. I certify that the attached itinerary is a detailed (he by-hour), complete, and final itinerary for the trip. Briefly describe the role of each sponsor in organizing and conducting the trip: The R Street Institute is the sole sponsor organizing and conducting all aspects of this trip.	lember, vo (c)(3) will
overnight stays) and no registered lobbyists or agents of a foreign principal will accompany the Member, officer, or employee on any segment of the trip (see questions 6 and 10). OR = (C) The trip is being sponsored only by an organization or organizations designated under § 501(of the Internal Revenue Code of 1986 and no registered lobbyists or agents of a foreign principal accompany the Member, officer, or employee at any point throughout the trip. USE ONLY IF YOU CHECKED QUESTION 9(B) If the trip includes two overnight stays, please explain why the second night is practically required for Senate invitees to participate in the travel: N/A An itinerary for the trip is attached to this form. I certify that the attached itinerary is a detailed (he by-hour), complete, and final itinerary for the trip. Briefly describe the role of each sponsor in organizing and conducting the trip: The R Street Institute is the sole sponsor organizing and conducting all aspects of this trip.	(c)(3) will
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The R Street Institute is the sole sponsor organizing and conducting all aspects of this trip.	ioui -
Briefly describe the stated mission of each sponsor and how the purpose of the trip relates to that missi	
Briefly describe the stated mission of each sponsor and how the purpose of the trip relates to that missi	
R Street is a nonprofit public policy research organization that supports integrated harm reduction with	ih
opioid, tobacco and drug use as central elements. This trip will educate policymakers' staff on harm re	eductio
concepts and allow them to evaluate successes and potentials in harm reduction.	
Briefly describe each sponsor's prior history of sponsoring congressional trips:	
This will be the first congressional trip we have sponsored.	

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As a public policy re	search organization, educ	cation is central to F	R Street's mission. We	publish a varie
policy studies and a	rticles and frequently host	educational briefin	gs and meeting with s	taffers on Capit
		•		
Total Expenses for E	ach Participant:			
	Transportation Expenses	Lodging Expenses	Meal Expenses	Other
	\$751.80- Flight	\$1,023.50	\$600	\$144.29- Fee for
Good Faith estimate	\$100- Underground Fare			of hotel confere room facilities
	\$150- Private			
L Actual Amounts	transportation to and from airport			
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21.	Describe how the daily expenses for lodging, meals, and other expenses provided to trip participants compares to the maximum per diem rates for official Federal Government travel:
	Daily expenses for lodging, meals and other expenses will be less than the maximum per diem rate for
	official Federal Government travel.
22.	Describe the type and class of transportation being provided. Indicate whether coach, business-class or first class transportation will be provided. If first-class fare is being provided, please explain why first-class travel is necessary:
	We will be flying coach class.
24.	I represent that the travel expenses that will be paid for or reimbursed to Senate invitees do not include expenditures for recreational activities, alcohol, or entertainment (other than entertainment provided to all attendees as an integral part of the event, as permissible under Senate Rule 35). List any entertainment that will be provided to, paid for, or reimbursed to Senate invitees and explain why the entertainment is an integral part of the event:
	No entertainment will be provided.
25.	I hereby certify that the information contained herein is true, complete and correct. (For trips involving more than one sponsor, you must include a completed signature page for each additional sponsor): Signature of Travel Sponsor: Carolina Kitchens, Fodoral Attains Manager.
	Name and Title: Caroline Kitchens, Federal Affairs Manager
	Name of Organization: R Street Institute
	Address: 1212 New York Ave NW, Suite 900, Washington DC, 20005
	Telephone Number: (202) 862-5820
	Fax Number:
	E-mail Address: ckitchens@rstreet.org

Suite 900

1212 New York Ave NW



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R Street Congressional Delegation on Harm Reduction

London, United Kingdom May 28-June 2, 2018

Senate Invitees

- 1. Andi Fristedt, Deputy Director, Health Policy for Senate Health, Education, Labor and Pensions Committee (Minority staff)
- 2. Margaret Coulter, Health Policy Adviser for Senate Health, Education, Labor and Pensions Committee (Majority staff)
- 3. Kristen Molloy, Legislative Assistant for Sen. Tim Kaine
- 4. Jaymi Light, Legislative Assistant for Sen. Todd YSoung
- 5. Ansley Rhyne, Legislative Assistant for Sen. Marco Rubio
- 6. Alison Toal, Legislative Assistant for Sen. Cory Gardner
- 7. Rita Habib, Legislative Assistant for Sen. Michael Bennet
- 8. Megan DesCamps, Health Policy Adviser for Sen. Heidi Heitkamp

Itinerary

Monday, May 28

4:20pm

Arrive at Dulles Airport

6:20pm

Depart Washington DC (Flight # DL4383)

Tuesday, May 29

6:45am

Arrive in London; Go through customs

8:15am

Ground transportation to the hotel

Hotel: Radisson Blu Edwardian Grafton

130 Tottenham Court Rd, Fitzrovia, London WIT 5AY, UK

A bus driver will meet the delegation by the baggage claim and transport the

group by bus to the hotel.

9:30am

Arrive at hotel; time for delegates to check into hotel rooms, eat breakfast

and prepare for the day

Note: Hotel rooms have been reserved for Monday night, since the flight arrives early Tuesday morning. The hotel could not guarantee early check-in, and this





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way we can ensure that the delegates some time to check in and prepare for the

day's activities.

11:00am-12:30pm Introductory Presentations

Hotel conference room

The delegation will meet with the program materials and talk through the week's

activities.

12:30pm Lunch break

The delegates can use this time to grab lunch on their own.

Suggestions: Rio Cafe 66 Grafton Way, Warren's Sandwich Bar 13 Warren St,

Eat 350 Euston Rd.

1:30pm London Underground transit

Euston to Brixton station

2:00pm-5:00pm Meet with NHS England Addictions Clinical Academic Group

Lambeth Drug and Alcohol Treatment Consortium, Lorraine Hewitt House, 12/14

Brighton Terrace, Brixton, SW9 8DG

The delegation will meet with several practitioners and clinical experts with NHS England's Addictions Clinical Academic Group. Discussions will be centered on patient experiences with harm reduction clinics, the Lambeth injectable heroin clinical trial, best clinical practices on addictions and substance use, mental health priorities.

2-4:00pm- Presentations and discussion

- 1. Dr. Emily Finch, Clinical Director Addictions Clinical Academic Group
- 2. Dr. Michael J Kelleher, Consultant Addictions Specialist and Clinical Lead for Lambeth Addictions
- 3. Dr. Luke Mitcheson, Head of Psychology, Addictions Clinical Academic Group and Clinical Lead

4-5:00pm- Tour of onsite harm reduction clinic

5:00pm London Underground transit

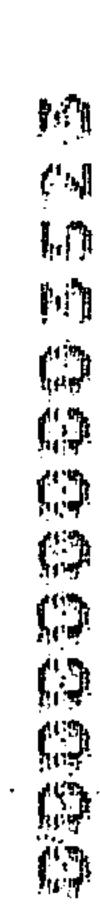
Dinner at the Grenadier 6:00pm-8:00pm

18 Wilton Row, Belgravia, London SWIX 7NR, UK

Casual buffet-style dinner at a British pub.

"Harm reduction 101:" Dr. Carrie Wade, R Street's Director of Harm Reduction

Policy and a former drug-abuse researcher whose scientific background specializes in the biological mechanisms of opioid addiction, will give a





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presentation on the underlying principles of harm reduction and its basic applications. The delegation will discuss the promise and limitations of harm reduction as a public health philosophy.

Wednesday, May 30

9:00am-10:15am

Lecture on addiction by Carrie Wade

Hotel Conference Room

Dr. Carrie Wade will present her lecture "Neuroscience of Addiction: Is it a Choice?" Dr. Wade will cover:

1. What is addiction, 2) what are the disruptions in addiction, 3) how does a neurobiological framework benefit diagnosis, treatment and recovery?

10:15am

London Underground Transit to Harm Reduction International Warren Street Station to Elephant and Castle, transfer Oxford Circus

11:00am-1:00pm

Lunch meeting with Harm Reduction International

Unit 2C09 Southbank Technopark, 90 London Road, London SE1 LN

Lunch presentation and discussion with Fionnuala Murphy, head of advocacy for Harm Reduction International, the leading non-government organization working to promote and expand support for harm reduction. Murphy's presentation will focus on the "10 by 20" campaign, Harm Reduction International initiative to have governments redirect 10% of the resources currently spent on ineffective

punitive responses to drugs and invest it in harm reduction by 2020.

1:00pm-2:00pm

London Underground Transit to Hotel

Elephant and Castle to Warren Street Station, transfer Oxford Circus

2:00pm-5:30pm

Meet with DrugScience

Hotel Conference Room: Radisson Blu Edwardian Grafton

DrugScience is an independent, science-led nonprofit on drugs research, which brings together leading drugs experts to carry out original research into drug

harms and effects.

5:30pm-6:00pm

London Underground Transit to House of Lords

Warren Street Station to Westminster, transfer Green Park

6:00pm-8:00pm

Reception

House of Lords





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The reception will feature informal presentations from Steve Rolles, Founder of Transform Drug Policy Foundation; Carrie Wade, R Street; and David Badcock, CEO DrugScience. Presenters will discuss their organization's priorities and activities in the harm reduction space.

Thursday, May 31

10:00am-12:00pm

Meet with Peter Hajek, Wolfson Institute of Preventive Medicine

Hotel Conference Room

Professor Peter Hajek is Director of Tobacco Dependence Research Unit at the Wolfson Institute of Preventive Medicine. Dr. Hajek will discuss his scientific research on tobacco harm reduction, including the "Maudsley Model", the withdrawal-oriented treatment for smokers that he developed which is now used

across the UK Specialist Stop-Smoking Service and abroad.

12:00pm-1:00pm

Catered Lunch and Discussion Time

1:00pm-3:00pm

Meet with Sarah Jakes and Gerry Stimson, New Nicotine Alliance UK

Hotel Conference Room

New Nicotine Alliance is a UK-based non-profit group that promotes and

supports tobacco harm reduction.

Gerry Stimson will discuss a legal and ethical framework for tobacco harm reduction. Sarah Jakes will present on consumer advocacy for tobacco harm

reduction.

3:00pm-5:00pm

Meet with Christopher Russell, Centre for Substance Use Research

Hotel Conference Room

CSUR is a research agency studying substance use and abuse using qualitative and quantitative methods. Dr. Russell will discuss research on e-cigarette use

patterns in both the UK and US.

5:00pm

R Street Institute: Dinner with Christopher Russell; bookkeeping and

preparation time for lecture

Delegates: networking time, dinner, personal time

Friday, June 1

10:00am-4:00pm

Meetings at Guildhall Conference Room, City of London





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The delegation will meet with several civil servants that will focus on the criminal justice angle of harm reduction, including prison populations and laws regarding nuisance behaviors.

10-11am: David Mackintosh, Head of Community Safety for the City of

London and the Policy Adviser/Director to the London Drug and

Alcohol Policy Forum.

11am-12pm: Dr Owen Bowden-Jones; Chair of the Advisory Council on the

Misuse of Drugs

12-1pm: Lunch and Discussion Time

1-2pm: John Ramsey; Lead Toxicologist for City of London

2-3pm: Victoria Borwick; Deputy Mayor for City of London

3-4:pm: Discussion and Q&A

4:00pm-6:00pm Personal time

6:00pm-8:00pm Reception with City of London

Guildhall Basinghall Suite, Gresham St, London EC2V 7HH, UK

Jeannie Cameron, Director of JCIC a public sector consulting firm, will give a

presentation on trade implications of low-nicotine cigarettes.

Saturday, June 2

7:30am Meet in lobby for bus transportation to Heathrow

8:30am Arrive at Heathrow

11:30am Depart London (Flight # DL 4382)

2:50pm Arrive Washington DC

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Fristedt, Andi (HELP Committee)

From: Caroline Kitchens < ckitchens@rstreet.org >

Sent: Friday, March 23, 2018 9:13 AM **To:** Fristedt, Andi (HELP Committee)

Cc: Carrie Wade

Subject: Invitation: R Street Harm Reduction Staffdel in London

Attachments: UK staffdel memo.pdf

Follow Up Flag: Follow up Flag Status: Flagged

Dear Andi,

I'm a federal affairs manager at the R Street Institute, a DC-based think tank. We are planning an educational visit for a select group of bipartisan Congressional staffers to go the United Kingdom to learn about harm reduction strategies in public health, and we would like to cordially invite you to be part of our delegation.

The trip will take place in London from Monday, May 28 through Saturday, June 2, 2018. The goal is to educate U.S. policymakers on harm-reduction philosophy and programs as a strategy to reduce the negative consequences associated with risk behaviors and addiction, with a special emphasis on opioids and tobacco use. As such, we will be meeting with British public health providers, clinical experts and civil servants to discuss the UK's unique regulatory approach. We will also be hosting a reception at the Houses of Parliament.

This trip is in accordance with Congressional ethics rules and will not be financed in any part by registered federal lobbyists or foreign agents. The memo attached includes more detailed information about the goals of the trip.

Please let us know if you may be interested, and we will send you the forms to get you started on next steps with Ethics. We would also be happy to come by your office to discuss the trip in person if it would be helpful. If you have questions, do not hesitate to reach out via email or by phone at 919-830-3140.

We hope you will be able to join us and look forward to hearing from you soon.

Best regards, Caroline



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R Street Congressional Delegation on Harm Reduction

London, United Kingdom May 28-June 2, 2018

The R Street Institute is a nonprofit, nonpartisan, public policy research organization dedicated to promoting free markets and limited, effective government. R Street's harm-reduction program aims for integrated harm reduction with tobacco, opioid and other drug use as central elements. We believe that harm reduction approaches can serve as a compliment to "abstinence-only" approaches to minimize the deadly consequences of drug use.

Our immediate and long-term goals for this educational trip are to introduce harm-reduction concepts to federal policymakers, including those familiar with some forms of harm reduction and those who have no experience with harm-reduction philosophies or programs; and to meet with local experts and evaluate successes and potentials in harm reduction. Toward that end, we have invited public health and clinical experts in both opioid and tobacco harm reduction to meet with the delegation and discuss programs and policies that are most successful in promoting public health.

Proposed Topics

In general, we would like to educate the delegation on harm-reduction philosophy and programs as a strategy to reduce the negative consequences associated with risk behaviors and addiction, with a special emphasis on opioids and tobacco use.

With regard to opioids, we would like to focus on: 1) Programs that aim to prevent disease transmission and overdose deaths, including syringe exchange, naloxone distribution and drug consumption rooms; 2) legal considerations regarding illegal drug use, including decriminalization, good Samaritan laws and practitioner liability; 3) the implementation of harm-reduction programs in both rural and urban areas; and 4) financial approaches to increasing access harm reduction tools.

The focus on tobacco harm reduction will center on unique regulatory approaches in the United Kingdom and public-health recommendations from the Royal College of Physicians and Public Health England.

Funding and Disclosures

Funding for this trip will be in accordance with <u>House Ethics Rules</u>, which provide that costs must be paid out of general funds and that no resources are either formally or informally earmarked by donors. The R Street Institute's general, unrestricted operating funds are provided as a percentage of all donations. We are not coordinating with our donors, including those who may be interested in harm reduction, on this project.



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The agenda (invitees, speakers, nature of the trip) for this trip will be approved by the House Ethics Committee no later than 30 days before the trip takes place.

R Street's Current Work

In the area of harm reduction, we carry out four basic types of activities:

Research. We produce original papers and peer-reviewed research on a variety of topics related to harm reduction. In the past year, we have moved forward an overall agenda for harm reduction in public policy in the United States. We have published on Food and Drug Administration regulation of ecigarettes, the harm-reduction potential of Heat-not-Burn products, and the proposal to restrict sales of cigarettes to those of low nicotine. We have also published several editorials on opioid harm reduction. In April, with the Center for Pain Research at the University of Minnesota, we will publish a piece on considerations of harm reduction in chronic-pain patients.

Federal and State Affairs. Our federal and state affairs teams are heavily engaged in harm-reduction issues, meeting with policymakers in Washington, D.C. and engaging in state and local battles wherever and whenever necessary.

Coalition Building. We find we are most effective when we work with others. For this reason, we have brought together a broad coalition of groups from across the ideological spectrum. We strive to bring together outreach groups, including tobacco harm-reduction advocates, PreP advocates and individuals promoting harm reduction approaches to opioid use.

Writing. We write frequently in the mainstream media on harm reduction-related topics. R Street affiliated op-eds have run in The Washington Examiner, The San Francisco Chronicle, and The Hill.

Harm Reduction Staff

Carrie Wade Director, Harm Reduction Policy

Carrie Wade has previously worked as an addiction researcher at the University of Minnesota and The Scripps Research Institute in La Jolla, California. Her research has focused largely on the intersection of prescription opioid abuse and chronic pain in animal models of opioid self-administration.

Carrie's scientific background in the biological mechanisms of opioid addiction led to her interest in how public-health initiatives can prevent the incidence of addiction and reduce the negative societal and personal consequences that result from drug addiction. Her internship with the Baltimore Student Harm





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Reduction Coalition Overdose Education and Naloxone Distribution program solidified her goal to promote rational and efficient drug policies. Since joining the R Street Institute, Carrie has participated in numerous harm-reduction conferences, including the National Harm Reduction Conference, the U.S. E-Cigarette Summit, the Global Forum on Nicotine, the Global Tobacco and Nicotine Forum, Harm Reduction International, the U.S. Conference on AIDS, the Society for Neuroscience, the American Pain Society, and the Winter Conference on Brain Research.

Education: Bachelor's in Neuroscience, University of Minnesota; Master's in Public Health, Johns Hopkins University; PhD in Pharmacology, University of Minnesota.

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Caroline Kitchens Federal Affairs Manager and Policy Analyst

Caroline Kitchens is a federal affairs manager and a policy analyst with the R Street Institute. As part of the federal affairs team, she helps to manage R Street's coalition efforts, as well as providing education and outreach to policymakers and their staff. She works on a range of issues including public health, commercial freedom, and energy and environmental policy.

Caroline joined R Street in March 2016 from the American Enterprise Institute, where she was a senior research associate in social and cultural studies. She graduated with honors from Duke University with a bachelor's degree in history and political science.

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